

IGNITE THE CHURCH

Encouragement Beyond Fatigue

LOUISE@WAYTOLEAD.ORG

WWW.WAYTOLEAD.ORG





WHAT ARE THE THINGS THAT ARE CAUSING OUR FATIGUE?

Put them in the chat box.



ENCOURAGEMENT BEYOND FATIGUE

Matthew 11

²⁸“Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. ²⁹Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. ³⁰For my yoke is easy, and my burden is light.”

GIVE GOD THE
TIME YOU THINK
YOU DON'T HAVE
AND WATCH
WHAT GOD WILL
DO WITH IT.

Problem – Scripture - Practice



CARRYING
BURDENS





CARRYING BURDENS

Matthew 15

²⁹ After Jesus had left that place, he passed along the Sea of Galilee, and he went up the mountain, where he sat down. ³⁰ Great crowds came to him, bringing with them the lame, the maimed, the blind, the mute, and many others. They put them at his feet, and he cured them, ³¹ so that the crowd was amazed when they saw the mute speaking, the maimed whole, the lame walking, and the blind seeing. And they praised the God of Israel.



CARRYING BURDENS

- Find those with whom you can share your burdens. (Not just the listeners or sympathizers, but those who will carry them and you to Jesus.)
- Learn to bear one another's burdens. (Carry them to Jesus; resist the temptation to tackle it yourself.)
- "Take it to the Lord in Prayer"

FEAR AND ANXIETY...

When have you felt fearful or anxious, anticipating what is to come? Put it in the chat.



FEAR AND ANXIETY...

Psalm 108

¹ My heart is steadfast, O God, my heart is steadfast;
I will sing and make melody.

Awake, my soul!

² Awake, O harp and lyre!

I will awake the dawn.

³ I will give thanks to you, O Lord, among the peoples,
and I will sing praises to you among the nations.

⁴ For your steadfast love is higher than the heavens,
and your faithfulness reaches to the clouds.



FEAR AND ANXIETY

- Turn to prayer and praise that will wake the dawn instead of more worry and preparation.
- Cultivate the practice of remembering who God is and what God has done



REACTIVE MODE

What are the top three issues or people who are driving your schedule? Put them in the chat box.



REACTIVE MODE

- The elegance and tenacity of the status quo.
- Work avoidance.
- In opposition to change.



REACTIVE MODE

Psalm 127

Unless the Lord builds the house,
those who build it labor in vain.

Unless the Lord guards the city,
the guard keeps watch in vain.

² It is in vain that you rise up early
and go late to rest,
eating the bread of anxious toil;
for he gives sleep to his beloved.



REACTIVE MODE

- Through prayer and intentional conversation with a trusted group of spiritual elders, engage a process of discernment around what God is calling you to do as a church?
- Be prepared to disappoint people's expectations and manage some heat.
- Work with your leadership to do this work.



IMPOSSIBLE WORK

What is the work before you
that seems impossible to do?

Put it in the chat box.



Impossible Work

1 Thessalonians 2

You yourselves know, brothers and sisters, that our coming to you was not in vain, 2 but though we had already suffered and been shamefully mistreated at Philippi, as you know, we had courage in our God to declare to you the gospel of God in spite of great opposition.



IMPOSSIBLE WORK

- Engage this work as a community.
- Recognize the spiritual dimension of the work. It takes prayer, faith, casting out of demons.
- Acknowledge the difficult things.
- Navigate the emotional process as well as the theological.
- Take your cues from the promises of God.





RENEW



SCRIPTURE AS A DAILY PRACTICE

Isaiah 55:10- 11:

For as the rain and the snow come down from heaven, and do not return there until they have watered the earth, making it bring forth and sprout, giving seed to the sower and bread to the eater, ¹¹ so shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and succeed in the thing for which I sent it.

PRAYER

For what or whom do you need prayer? Put it in the chat box.

